

## **“The Unbearable Lightness of Being” Book as an Interdisciplinary Study Basis for Students’ Learning Process about Love and Politics at Old Communist Czechoslovakia**

**Authors :** Clarissa Valença Travassos da Silva

**Abstract :** In this article, it is intended to study the book “The unbearable Lightness of Being” by the Czech Republican writer Milan Kundera. The main objective is to be an interdisciplinary study basis for students in the world about love and politics at old communist Czechoslovakia. Love is presented by discussing the relationship between Tomas and Tereza and the discovery of true love. Furthermore, it is debated the Russian invasion in Czechoslovakia and the outcomes of it for the personages, all this related to the contradiction of lightness and heaviness in life. For the production of this didactic material, the researcher based her work on the original book, “The Unbearable Lightness of Being” by Kundera, Milan Kundera’s interviews, Friedrich Nietzsche, Zygmunt Bauman and George Orwell, among Brazilian and international articles on the issue.

**Keywords :** lightness, heaviness, Russia, Czechoslovakia, love

**Conference Title :** ICELLL 2015 : International Conference on English Language, Literature and Linguistics

**Conference Location :** London, United Kingdom

**Conference Dates :** January 19-20, 2015