

## Healing to Be a Man or Living in the Truth: Comparison on the Concept of Healing between Foucault and Chan

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**Abstract :** This study compared Michel Foucault's thoughts and the Chan School's thoughts on the idea of healing. Healing is not an unfamiliar idea in Buddhist thoughts. The paired concepts of illness and medicine are often used as a metaphor to describe the relationship between people and truth. Foucault investigated the topic of care of self in his later studies and dedicated a large portion of his final semester course at the Collège de France in 1984 to discuss the meaning of Socrates's offering of a sacrifice to the god of medicine in Phaedo. Foucault indicated a key preposition in ancient philosophy, namely healing. His idea of healing also addressed the relationship between subject and truth. From this relationship, Foucault unraveled his novel study on truth, namely the technologies of the self, with an emphasis on the care of self. Whereas numerous philosophers ask obvious questions such as 'what is truth' and 'how to learn about truth,' Foucault proposed distinct questions such as 'what is our relationship to truth' and 'how does our relationship with truth turn us into who we are now?' Thus, healing in both Buddhist and Foucault's thoughts is related to the relationship between being and truth. This study first reviews Buddhist and Foucault's ideas of healing to explicate what is illness and what is medicine. Because Buddhist thoughts cover an extensive scope, this study focuses on the thoughts of the Chan School. The second part is a discussion on medicine (treatment), specifically what is used as the medicine for the illness in both thoughts, and how can this medicine treat the illness. This part includes a description and comparison of the use of concepts of negation in these two thought groups. Finally, the subjects that practice the technologies of the self in both groups are compared from the idea of care of self; in other words, the differences between the subjects formed by the different relationships between being and truth are analyzed.

**Keywords :** Chan, heterogeneous, living style, language of paradox, Michel Foucault, negation, parrhesia, the care of self

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