

## The Determination of Heavy Metal in Herb Used in Dusit Community to Develop a Sustainable Quality of Life

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**Abstract :** This research aimed to find amount of heavy metal in herb used in Dusit community and compare of heavy metal in each part by quantity in herb and standard determination in Thai herb books to develop a sustainable quality of life, the result of study in 14 herbs do not find sample of heavy metal., by quantity of heavy contamination of 4 kinds: Cd, Co, Fe and Pb have lower than standard of 2 organizations: Thai herb standard, and World Health Organization, from the test 14 herbs have Fe in every part of herbs and all 14 kinds has Fe that is necessary for our health.

**Keywords :** herbs plants, heavy metal, Dusit district, sustainable quality of life

**Conference Title :** ICPD 2014 : International Conference on Population and Development

**Conference Location :** London, United Kingdom

**Conference Dates :** May 26-27, 2014