

## **Effect of Methanolic Extract of Punica granatum L. Fruit Rind on Kidney, Liver Marker Enzymes, Electrolytes, and Their Histology in Normal Healthy Rats**

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**Abstract :** The toxicity profile of the methanolic extract of Punica granatum L. fruit rind was studied in normal rats. The rats were administered orally by intubating graded doses of 150, 250, 500 and 750 mg/kg body weight of the extract for 28 days and the effects on biochemical parameters and histology of the liver and kidney were evaluated. There was a significant increase ( $P < 0.05$ ) in the levels of liver enzymes of the rats that received the highest dose of 750 mg/kg body weight. The AST and ALT levels were  $41.59 \pm 0.18$  ALP and  $9.25 \pm 0.29$  IU/L, respectively, while the ALP level was  $15.68 \pm 10$  IU/L. There was a significant difference in the albumin and globulin levels;  $3.72 \pm 0.05$  and  $4.05 \pm 0.13$  g/dl, respectively. Serum urea and creatinine levels remained normal, as well as the electrolyte levels. The increase in sodium concentration observed was not statistically significant ( $P \geq 0.05$ ) when the control group ( $131.50 \pm 3.11$ ) was compared with the experimental groups ( $132.25 \pm 3.86$ ,  $132.75 \pm 3.86$ ,  $133.50 \pm 3.11$  and  $134.00 \pm 1.83$ ). The increase in potassium concentration was not statistically significant ( $P \geq 0.05$ ) when the control group with a value of  $95.50 \pm 3.51$  mmol/L was compared with the experimental groups  $98.00 \pm 3.16$ ,  $99.25 \pm 2.22$ ,  $99.79 \pm 0.36$  and  $99.99 \pm 0.02$  mmol/L. The increase observed in bicarbonate concentration was not statistically significant ( $P \geq 0.05$ ) when the control group with a value of  $20.75 \pm 1.71$  mmol/L was compared with the experimental groups  $21.68 \pm 0.62$ ,  $24.25 \pm 2.99$ ,  $24.50 \pm 3.42$ ,  $25.50 \pm 2.65$  mmol/L.

**Keywords :** punical granatum, methanolic, ALT, AST, electrolytes, histology

**Conference Title :** ICMPE 2014 : International Conference on Medical and Pharmaceutical Engineering

**Conference Location :** Zurich, Switzerland

**Conference Dates :** July 30-31, 2014