

Resiliency, Peer and Parental Support as Determinants of Adolescents' Social Adjustment among Secondary Students in Ilorin, Kwara State

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Abstract : Some factors are responsible for the social adjustment among the adolescents. The study investigated resiliency, peer and parental support as factors that could determine social adjustment among adolescents in Ilorin, Kwara state. The study adopted descriptive survey research design. A sample size of 300 SS1 & SS2 students from ten secondary schools, six public and four private schools were randomly selected within Ilorin Metropolis. Self-structured questionnaire that was validated and the reliability ensured was used to collect data from the respondents. Four hypotheses were postulated and tested at 0.05 level of significance. Data collected was analysed using Pearson Product Moment Correlation (PPMC) and Regression Analysis. The findings revealed that there was a positive relationship between resiliency and social adjustment: $r(298) = .402$, $p < 0.01$, $r^2 = .162$; that there was a positive relationship between peer support and social adjustment: $r(298) = .570$, $p < 0.01$, $r^2 = .325$; that there was a positive relationship between parental support and social adjustment: $r(298) = .451$, $p < 0.01$, $r^2 = .203$; also reveals significant joint contribution of the independent variables (resilience, peer support, parental support) to the prediction of social adjustment: $F(3,296) = 55.587$, $P < 0.01$. Various recommendations were given which includes the roles of government, agencies, individuals, parents, teachers, religious and marriage institutions.

Keywords : resiliency, peer support, parental support, adolescents, social adjustment

Conference Title : ICCAFS 2018 : International Conference on Child and Family Studies

Conference Location : London, United Kingdom

Conference Dates : June 28-29, 2018