

The Relationship between Spiritual Well-Being and the Quality of Life among Older Adults Who Live in Aged Institutions

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Abstract : Spiritual well-being is one aspect of quality of life that can significantly improve the quality of life of individuals. However, the reports of older adults' spiritual well-being that live in aged institutions were few. This study aims to identify the relationship between spiritual well-being and quality of life among older adults residing in aged institutions in Taiwan. The correlative study design is used. Data collected by basic personal information, Spiritual Index of Well-being Scale and EuroQol-5D-3L. Case managers help participants complete the questionnaires. This study uses descriptive statistics and correlation test analysis data. The study finds the positive correlation between spiritual well-being and quality of life. According to the correlation between spiritual well-being and quality-of-life score, awareness of the importance of spiritual well-being in caring for these people is recommended.

Keywords : older adult, spiritual well-being, quality of life, aged institution

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