

Psychological Factors as Predictor of Sports Violence among Tertiary Institutions

Authors : Oluwasgun Moses Jolayemi

Abstract : Violence has become a fairly often occurrence in sports (within our tertiary institutions), a development that is giving every society in the world sleepless night. School violence is part of youth violence, a broader salient public health problem. This study employing a questionnaire-based survey strategy aimed at investigates psychological factors as predictors of sports violence among Oyo state tertiary institution. A sample of Two hundred athletes and three tertiary institutions were selected through purposive sampling from the Oyo State tertiary institution. The estimated reliability co-efficient of the instrument was found to be 0.89 using cronbach Alpha technique. Data were analyzed at 0.05 level of significance using Statistical Package for the Social Sciences (SPSS) software, version 20.0. Five hypotheses were tested using Pearson Correlation. Result revealed that personality, anxiety, mental health has no significant influence on sports violence; mental stress has a significant influence on sports violence. Based on the findings, it was recommended that sport management should reduce work overload and that they should organized seminars and social activities to help athletes lose up.

Keywords : Ibadan, mental health, personality, psychology, violence

Conference Title : ICSPANP 2018 : International Conference on Sport Psychology, Anxiety and Performance

Conference Location : Los Angeles, United States

Conference Dates : October 30-31, 2018