

Aggressive Behavior Prevention: The Effect of Peace Education and Media Literacy towards Student's Understanding about Aggression

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Abstract : For the last 5 years, there is the never-ending violent act and increased cases regarding aggressive behavior among high school students in Bogor, Indonesia. Those cases caused harm to many people, even death, and lead to the continuation circle of violence. This research was conducted to evaluate the effect of using peace education and media literacy in enhancing student's understanding about aggression, as an effort to prevent aggressive behavior. In terms of methodology, this research was done by quasi-experiment with one group pretest and post-test design. A number of 38 students who were at risk of aggressive behavior from 3 vocational high school were involved to receive a 10 learning session about peace and media literacy. The aggression questionnaire was used to identify participants, supported by student's record in school. To collect data, the questionnaire for measuring understanding about aggression has been developed and was used after the validity and reliability of this questionnaire tested. Post-test was carried out after the session ended. Data were analyzed using t-test. The finding result showed that the mean score of student's understanding of aggression was increased, therefore learning session of peace education and media literacy is significantly effective to enhance student's understanding of aggression. It also showed a meaningful difference of understanding between male and female student's whereas female students have a better understanding of aggression.

Keywords : aggressive behavior prevention, aggression, media literacy, peace education, peacebuilding

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