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Lunch Hour Concerts as a Strategy for Strengthening Student Performance Skills: University of Port Harcourt Experience

Authors: Rita A. Sunday-Kanu

Abstract : This article reports on an evaluation of lunch hour concert and its effectiveness in improving undergraduate performance ability. In particular, it examines the aptitude of students in classroom applied music and their reaction/responses to true life concert situations. It further investigated factors affecting students' confidence during performances, the relationship between stage fright and confidence building in regular concert participation. The Department of Music, University of Port Harcourt runs monthly lunch our concerts which are coordinated by undergraduates for the university community. Forty music students who have participated in or coordinated lunch hour concerts were chosen for this survey. Eight music lecturers who have supervised the monthly lunch hour concert were also chosen for this study. The attitude and view on the effectiveness of lunch hour concert in enhancing students' performance skills were gotten through questionnaires survey, in-depth interview and participant observation to determine if classroom based applied music alone is as successful in grooming performance genius as the lunch hour concert. Result indicated that students' participation in lunch hour concert did indeed broaden and strengthened their performance experiences. This observation led to a recommendation that regular community based concerts be considered as a standard for performance practices in the university curriculum since it serves as a preparatory platform for acquiring professional performance skills before graduation.

Keywords: lunch hour concert, performance, performing skill, community concert

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