

## Accuracy and Depiction of Mental Illness-Popular Cinema

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**Abstract :** This movie review looks at the depiction of mental illness in popular cinema, using the movie A Beautiful Mind as a case study. It tries to understand cinema and media from a clinical psychology perspective in terms of the portrayal of symptoms and caregiver support. The review aims to analyze the portrayal of schizophrenia in the book and the movie 'A Beautiful Mind' on Professor John Nash. It will analyze the differences in portrayal of schizophrenia, under different media and the creative applications of the author, directors and actors in depicting the disorder as closely as it is understood in Clinical Psychology. The differences would be studied for romanticisation of symptoms in the book and the movie. Even within a medium (only the movie), verbal and non-verbal cues of the disorder will be compared for the depiction of schizophrenia. The study will dwell on the comparative description of how the caregivers coped with the patient and his illness. For this, the study will understand it through the lens of Bowen's Family Systems Theory.

**Keywords :** caregiver, communication, media, systems theory

**Conference Title :** ICCFMS 2018 : International Conference on Cinema, Film and Media Studies

**Conference Location :** London, United Kingdom

**Conference Dates :** June 28-29, 2018