

## Factors Associated with Suicidal Ideation among Undergraduate College Students

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**Abstract :** A person dies every 40 seconds throughout the world due to suicide-related behaviors. Suicidal ideation is a strong precursor to suicide completion. It is one of the major health challenges faced by the world today thus, it is highly substantial. The present study investigated the influence of personality traits and socio-demographic characteristics in predicting suicidal ideation. Using the Suicide Behaviors Questionnaire-Revised and the Big Five Inventory, the degree of suicidal ideation and the associated personality traits were identified. Out of 194 students from the allied health courses, the findings suggest that the college students are at-risk and have passive thoughts about suicide. Using multiple regression analysis, there was an identified significant relationship among the factors associated with suicidal ideation, particularly the number of persons in the household, living arrangement, attendance in church activities, agreeableness, conscientiousness, and neuroticism. Findings can help in the development of campus-based suicide prevention programs.

**Keywords :** depression, personality traits, suicidal ideation, suicide

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