

## Quantitative and Fourier Transform Infrared Analysis of Saponins from Three Kenyan *Ruellia* Species: *Ruellia prostrata*, *Ruellia linearibracteolata* and *Ruellia bignoniiflora*

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**Abstract :** *Ruellia* (syn. *Dipteracanthus*) species are wild perennial creepers belonging to the Acanthaceae family. These species are reported to possess anti-inflammatory, analgesic, antioxidant, gastroprotective, anticancer, and immuno-stimulant properties. Phytochemical screening of both aqueous and methanolic extracts of *Ruellia* species revealed the presence of saponins. Saponins have been reported to possess anti-inflammatory, antioxidant, immuno-stimulant, antihepatotoxic, antibacterial, anticarcinogenic, and antiulcerogenic activities. The objective of this study was to quantify and analyze the Fourier transform infrared (FTIR) spectra of saponins in crude extracts of three Kenyan *Ruellia* species namely *Ruellia prostrata* (RPM), *Ruellia linearibracteolata* (RLB) and *Ruellia bignoniiflora* (RBK). Sequential organic extraction of the ground whole plant material was done using petroleum ether (PE), chloroform, ethyl acetate (EtOAc), and absolute methanol by cold maceration, while aqueous extraction was by hot maceration. The plant powders and extracts were mixed with spectroscopic grade KBr and compressed into a pellet. The infrared spectra were recorded using a Shimadzu FTIR spectrophotometer of 8000 series in the range of 3500  $\text{cm}^{-1}$  - 500  $\text{cm}^{-1}$ . Quantitative determination of the saponins was done using standard procedures. Quantitative analysis of saponins showed that RPM had the highest quantity of crude saponins (2.05%  $\pm$  0.03), followed by RLB (1.4%  $\pm$  0.15) and RBK (1.25%  $\pm$  0.11), respectively. FTIR spectra revealed the spectral peaks characteristic for saponins in RPM, RLB, and RBK plant powders, aqueous and methanol extracts; O-H absorption (3265 - 3393  $\text{cm}^{-1}$ ), C-H absorption ranging from 2851 to 2924  $\text{cm}^{-1}$ , C=C absorbance (1628 - 1655  $\text{cm}^{-1}$ ), oligosaccharide linkage (C-O-C) absorption due to sapogenins (1036 - 1042  $\text{cm}^{-1}$ ). The crude saponins from RPM, RLB and RBK showed similar peaks to their respective extracts. The presence of the saponins in extracts of RPM, RLB and RBK may be responsible for some of the biological activities reported in the *Ruellia* species.

**Keywords :** *Ruellia bignoniiflora*, *Ruellia linearibracteolata*, *Ruellia prostrata*, Saponins

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