

The Efficacy of Motivation Management Training for Students' Academic Achievement and Self-Concept

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Abstract : This study examined the efficacy of motivation management training for students' academic achievement and self-concept. The pretest-posttest quasi-experimental study used a cluster random sampling method to select subjects for the experimental (20 subjects) and control (20 subjects) groups. posttest was conducted with both groups to determine the effect of the training. An academic achievement and academic self-concept questionnaire (grade point average requirement) was used for the pretest and posttest. The results showed that the motivation management training increased academic self-concept and academic achievement.

Keywords : motivation management, academic self-concept, academic achievement, students

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