

## **Bakla Po Ako (I Am Gay): A Case Study on the Communication Styles of Selected Filipino Gays in Disclosing Their Sexual Orientation to Their Parents**

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**Abstract :** This study is intended to answer the question "What are the communication styles of selected Filipino gays in breaking their silence on their sexual orientation to their parents?" In this regard, six cases of Filipino gay disclosures were examined through in-depth interviews. The participants were selected through purposive sampling and snowball technique. The theories, Rhetorical Sensitivity of Roderick Hart and Communicator Style of Robert Norton were used to analyze the gathered data and to give support to the communication attitudes, message processing, message rendering and communication styles exhibited in each disclosure. As secondary data and validation, parents and experts in the field of communication, sociology, and psychology were also interviewed and consulted. The study found that Filipino gays vary in the communication styles they use during the disclosure with their parents. All communication styles: impression-leaving, contentious, open, dramatic, dominant, precise, relaxed, friendly, animated, and communicator image were observed by the gays depending on their motivation, relationship and thoughts contemplated. These results lend ideas for future researchers to look into the communication patterns and/or styles of lesbians, bisexuals, transgenders and queers or expand researches on the same subject and the utilization of Social Judgment and Relational Dialectics theories in determining and analyzing LGBTQ communication.

**Keywords :** communication attitudes, communication styles, Filipino gays, self-disclosure, sexual orientation

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