

## Attachment as a Predictor for Cognitive Rigidity

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**Abstract :** Attachment model formed in childhood has an important impact on emotional development, personality, and social relationships. Attachment is also thought to have an impact on construction of affective-cognitive schemas and cognitive functioning. The aim of the current study was to verify whether there is an association between attachment and cognitive rigidity defined as dogmatism and intolerance of ambiguity. The analysis of 180 participants (persons of a similar age and education level, number of men and women was equal) was conducted. To test the attachment styles, the Revised Experiences in Close Relationships Inventory (ECR-R) was used. To examine cognitive rigidity, the Rokeach and Budner questionnaires were used. A multiple regression model was employed to examine whether attachment styles are predictors for dogmatism. The results confirmed that fearful-ambivalent attachment is the main predictor for dogmatism but not for intolerance of ambiguity.

**Keywords :** attachment styles, cognitive rigidity, dogmatism, intolerance of ambiguity

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