

## **Analyzing the Effect of Remittances Transfer on the Socio-Economic Well-Being of Left behind Parents: A Study of Pakistan and Azad Jammu and Kashmir**

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**Abstract :** The present study aims to highlight the socio-economic aspect of international migration by analyzing the effect of remittances sent by adult male children on the well-being of left behind parents. Well-being of left behind parents was operationalized through two indicators as financial security and health-care facilities. For this purpose, quantitative research design was employed and a survey was conducted in three cities i.e. Gujrat, Jhelum and Mirpur. The data was collected from 94 respondents chosen--purposively--on the basis of certain characteristics including demographic profile of the respondents and their male children who must be living abroad. The findings of the study revealed that parents were getting money from their sons regularly. Parents were getting financial assistance from their children for managing their household expenditures, visiting good hospitals and the specialist doctors in case of illness. Lastly, the study concluded that the economic aspect of migration of male children has a significant impact on the health status of left behind parents with the value of correlation ( $r$ ) =0.241 and level of significance as 0.019. The research study also gives some suggestions and provides future directions for research.

**Keywords :** international migration, left behind parents, Pakistan, remittances, well-being

**Conference Title :** ICSMI 2017 : International Conference on Sociology, Migration and Integration

**Conference Location :** San Francisco, United States

**Conference Dates :** June 07-08, 2017