

## Reminiscence Bump in Autobiographical Memory of Freedom Fighters in Bangladesh

**Authors :** Eamin Zahan Heanoy, Asheek Mohammad Shimul

**Abstract :** The purpose of the present study was to address theoretical issues of reminiscence bump in autobiographical memory using the freedom fighters of Bangladesh as participants. It was assumed that they had a lot of negative memories during the liberation war in 1971 and those events would reflect the construction of reminiscence bump. Three hundred and twenty (320) freedom fighters were selected using mixed method (purposive and random) sampling technique. The freedom fighters were taken from 10 randomly chosen districts of 64. The participants recalled and dated autobiographical memories from across the lifespan. The age of the participants was between 50 to 80+ years. Memories were encoded at the time of the age when the events occurred. As expected the reminiscence bump, preferential recall of memories from second and third decade was observed. Results indicate that the bump for the participants was found 16 to 26 years. And most remarkably, they recalled most of the memories from 1971, the liberation war. Different retrieval curve has been found for male and female participants. The results have been discussed in the light of recent developments in reminiscence bump research.

**Keywords :** autobiographical memory, freedom fighters, liberation war, reminiscence bump

**Conference Title :** ICCPM 2017 : International Conference on Cognitive Psychology and Memory

**Conference Location :** Amsterdam, Netherlands

**Conference Dates :** May 14-15, 2017