

An Analysis of Anxious/Depressed Behaviors of Chinese Adolescents

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Abstract : This study explored early adolescents' anxious and depressed syndromes in Northeast China. Specifically, the study examined anxious and depressed behaviors and the relationship to education environments. The purpose is to examine how the elements of educational environments and the early adolescents' behaviors as independent variables influence and possibly predict the early adolescents' anxious/depressed problems. Achenbach System of Empirically Based Assessment (ASEBA), was the instrument, used in collection of data. A stratified sampling method was utilized to collect data from 2532 participants in seven schools. The results indicated that several background variables influenced anxious/depressed problem. Specifically, age, grade, sports activities and hobbies had a relationship with the anxious/depressed variable.

Keywords : anxious/depressed problems, CBCL, empirically-based assessment, internalizing problems

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