

In vitro Effects of Viscum album on the Functionality of Rabbit Spermatozoa

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Abstract : This study aimed to assess the *in vitro* effects of different concentrations of the *Viscum album* extract on the motility, viability, and reactive oxygen species (ROS) production by rabbit spermatozoa during different time periods (0, 2, and 8h). Spermatozoa motility was assessed by using the CASA (Computer aided sperm analysis) system. Cell viability was evaluated by using the metabolic activity MTT assay, and the luminol-based luminometry was applied to quantify the ROS formation. The CASA analysis revealed that low *Viscum* concentrations were able to prevent a rapid decline of spermatozoa motility, especially in the case of concentrations ranging between 1 and 5 $\mu\text{g/mL}$ ($P < 0.05$ with respect to time 8h). At the same time, concentrations ranging between 1 and 100 $\mu\text{g/mL}$ of the extract led to a significant preservation of the cell viability ($P < 0.05$ in case of 5, 50 and 100 $\mu\text{g/mL}$; $P < 0.01$ with respect to 1 and 10 $\mu\text{g/mL}$, time 8h). 1 and 5 $\mu\text{g/mL}$ of the extract exhibited antioxidant characteristics, translated into a significant reduction of the ROS production, particularly notable at time 8h ($P < 0.01$). The results indicate that the *Viscum* extract is capable of delaying the damage inflicted to the spermatozoon by the *in vitro* environment.

Keywords : CASA, mistletoe, mitochondrial activity, motility, reactive oxygen species, rabbits, spermatozoa, *Viscum album*

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