The Investigation of Counselors Attitudes toward Online Counseling upon Taking Clients Perspective

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Abstract : There is an increasing number of online counseling services, studies exploring clients' and counselors' attitudes toward online counseling services are needed to provide effective and efficient mental health counseling services. The purpose of this study is to investigate counselors' attitudes toward online counseling in relation to counselors' genders, their daily usage of computer, their total usage of computer, and their self-efficacy in computer usage. In this study, Personal Information Form, specific items from the Online Counseling Attitudes Scale, and the Face-to-Face Counseling Attitudes Scale were given to 193 counselors to measure attitudes toward online counseling. Data were analyzed by using independent samples t-test and one-way ANOVA. There were no statistically significant differences counselors' attitudes toward online counseling and counselors' gender, their daily usage of computer, their total usage of computer, and their self-efficacy in computer usage. The implications of these findings have been discussed in the literature review to provide some suggestions to researchers in the counseling profession.

Keywords : online counseling, counselor, attitude, counseling service

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