

## **Eating Constitutes Human Dignity: A Metaphysical Anthropology Perspective**

**Authors :** Sri Poedjiastoeti

**Abstract :** One of the traits of living beings is eating. As the living beings, people must provide their life by taking material. They must assimilate for themselves with substances. They grow and develop themselves by changing what they eat and digest into their own substance. This happened in the so-called eating. This article aims to analyze distinction between human beings and other infrahumans when facing and eating food. It uses the analytical description with metaphysical anthropology approach. As a result, to give the expression that eating is not simply to put food in mouth, chew and swallow it. Eating constitutes a sacred ceremonial if it is done in accordance with human dignity. They face food with distance and moderation as well as civilize or make their behaviour better for it. Accordingly, they are being to be human.

**Keywords :** human beings, behaviour, eating, dignity

**Conference Title :** ICMHCP 2016 : International Conference on Medicine, Health Care and Philosophy

**Conference Location :** Amsterdam, Netherlands

**Conference Dates :** May 12-13, 2016