## Therapeutic Touch from Primary Care to Tertiary Care in Health Services

Authors : Ayşegül Bilge, Hacer Demirkol, Merve Uğuryol

**Abstract :** Therapeutic touch is one of the most important methods of complementary and alternative treatments. Therapeutic touch requires the sharing of universal energy. Therapeutic touch (TT) provides the interaction between the patient and the nurse. In addition, nurses can be aware of physical and mental symptoms of patients through therapeutic touch. Therapeutic touch (TT) is short-term provides the advantage for the nurse. For this reason, nurses have to be aware of the importance of therapeutic touch and they can use it from the primary care to tertiary care in nursing practices at in health field.

Keywords : health care services, complementary treatment, nursing, therapeutic touch

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