Realistic Study Discover Some Posture Deformities According to Some Biomechanical Variables for Schoolchildren

Authors: Basman Abdul Jabbar

Abstract : The researchers aimed to improve the importance of the good posture without any divisions & deformities. The importance of research lied in the discovery posture deformities early so easily treated before its transformation into advanced abnormalities difficult to treat and may need surgical intervention. Research problem was noting that some previous studies were based on the discovery of posture deformities, which was dependent on the (self-evaluation) which this type did not have accuracy to discover deformities. The Samples were (500) schoolchildren aged (9-11 years, males) at Baghdad al Karak. They were students at primary schools. The measure included all posture deformities. The researcher used video camera to analyze the posture deformities according to biomechanical variables by Kinovea software for motion analysis. The researcher recommended the need to use accurate scientific methods for early detection of posture deformities in children which contribute to the prevention and reduction of distortions.

Keywords: biomechanics, children, deformities, posture

Conference Title: ICHKHSES 2016: International Conference on Human Kinetics, Health, Sport and Exercise Science

Conference Location : Montreal, Canada Conference Dates : July 14-15, 2016