

## Family Relationships and Coping with the Stress of Young People from Migrant Families with Cerebral Palsy

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**Abstract :** The aim of this article is to present a relation between family relationships and styles of approach to coping with stress among young people from migrant families with cerebral palsy. The study involved 70 persons (with cerebral palsy in the standard intellectual capacity) from families, in which at least one of parents is a migrant. To measure the level of communication in the family, the Family Relationships Questionnaire (FRQ) was employed, while the styles of coping with stress was investigated with the CISS Questionnaire. The relation between family relationships and styles of coping with stressful situations of the respondents was investigated. It was shown that there is an affiliation between the emotion-oriented style of coping with the stress and the variable of "communication in my family". Moreover, it was demonstrated that there is a linkage between the task-oriented style of coping with the stress and the variable of "maternal control in mother-child relationship". Young people with CP subjected to overprotection and control from their mothers in problem situations tend to focus on their own emotions instead of trying to undertake constructive actions. Excessive control in daily life by mothers results in passivity and a lack of motivation to cope with difficult situations.

**Keywords :** young people with cerebral palsy, family relationships, styles of coping with stress, migration

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