

Training Can Increase Knowledge and Skill of Teacher's on Measurement and Assessment Nutritional Status Children

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Abstract : The Indonesia Basic Health Research, 2013 showed that prevalence of stunting of 6-12 children years old was 35,6%, wasting was 12,2% and obesiy was 9,2%. The Indonesian Government have School Health Program, held in coordination, plans, directing and responsible, developing and implement health student. However, it's implementation still under expected, while Indonesian Ministry of Health has initiated the School Health Program acceleration. This aimed is to know the influencing of training to knowledge and skill of elementary school teacher about measurement and assesment nutrironal status children. The research is quasy experimental with pre-post design, in Sleman disctrict, Yogyakarta province, Indonesia, 2015. Subject was all of elementary school teacher's who responsible in School Health Program in Gamping sub-district, Sleman, Yogyakarta, i.e. 32 persons. The independent variable is training, while the dependent variable are teacher's klowledge and skill on measurement and assesment nutrironal status children. The data was analyzed by t-test. The result showed that the knowledge score before training is $31,6 \pm 9,7$ and after $56,4 \pm 12,6$, with an increase $24,8 \pm 15,7$, and $p=0.00$. The skill score before training is $46,6 \pm 11,1$ and after $61,7 \pm 13$, with an increase $15,2 \pm 14,2$, $p = 0.00$. Training can increase the teacher's klowledge and skill on measurement and assesment nutrironal status.

Keywords : training, school health program, nutritional status, children.

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