

## Trauma in the Unconsoled: A Crisis of the Self

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**Abstract :** This article studies the process of rewriting the self through memory in Kazuo Ishiguro's novel, the Unconsoled (1995). It deals with the journey that the protagonist Mr. Ryder takes through the unconscious, in search for his real self, in which trauma stands as an obstacle. The article uses Carl Jung's theory of archetypes. Trauma, in this article, is discussed as one of the true obstacles of the unconscious that prevent people from realizing the truth about their selves.

**Keywords :** Carl Jung, Kazuo Ishiguro, memory, trauma

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