

Factors Leading to Teenage Pregnancy in the Selected Villages of Mopani District, in Limpopo Province

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Abstract : Background: The international community has been concerned about population growth for more than a century. Teenagers in sub-Saharan Africa continue to be at high risk of HIV infection, and this is exacerbated by poverty, whereby many teenagers in Africa come from disadvantaged families/background, which leads them to engage in sexual activities at an early age for survival hence leading to increased rate of teenage pregnancy. Purpose: The study sought to explore, describe and to identify the factors that lead to teenage pregnancy in the selected villages in Mopani District. Design: The study was conducted using a qualitative, explorative, descriptive and contextual approach. A non-probability purposive sampling approach was used. Researcher collected the data with the assistance of research assistant. Participants were interviewed and information was captured on a tape recorder and analysed using open coding and thereafter collected into main themes, themes and sub-themes. The researcher conducted four focus groups, Participants aged between 10-19 years of age. Results: The finding of the study revealed that there are several factors that is contributing to teenagers falling pregnant. Personal, intuitional, and cultural were identified to be the factors leading to teenage pregnancy.

Keywords : factors, leading, pregnancy, teenage

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