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The Effect of Wellness Program on Organizations Productivity: The Case of Pakistani Corporation's

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Abstract : This study imperially evaluated of five human resource (HR) practices (Wellness program extents are Employee's assistance program, Health care screenings, and Recreation trips, Seminars for life style, Indoor and Outdoor activities) and there likely impact on the organization productivity in Pakistani organizations. The data were gathering by administrating questionnaires. The result indicated that all five variables are positively and significantly correlated with organization productivity. Results of regressing the all variables on organization productivity show that seminars for life style and employee's assistance program strong predictors of organization productivity.

Keywords : wellness program, organization's productivity, employee's assistance program, health care screening
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