The Influence of the Laws of Ergonomics on the Design of High-Rise Buildings

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Abstract : The problems of sustainability of contemporary high-rise buildings now demand an altogether new approach, which corresponds with the laws of dialectics. We should imply the principle "going from mega-object to the so called mezzo-object." So the scientists have arrived at the conclusion that a contemporary "skyscraper" must not increase in height but develop horizontal space axes which unite a complex of high-rise buildings into a single composition. This is necessary both for safety issues and increasing skyscrapers' functioning qualities. As a result, architects single out a quality unit in a dominating group of high-rise constructions and make a conclusion about the influence of visual fields on the designing parameters of this group. **Keywords :** design, high-rise buildings, skyscrapers, sustainability, visual fields, dominating group, regulations, design recommendations

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