

## Analysis of Subjective Indicators of Quality of Life in Makurdi

**Authors :** Irene Doosuur Mngutyo

**Abstract :** The preliminary stages in the development of human communities are the formation of a correct understanding of people's needs. However, perception of human needs is highly subjective and difficult to aggregate. Quality of life measurements are an appropriate means for achieving an understanding of Human needs. Hence this study endeavors to measure quality of life in Makurdi using subjective indices to measure three aspects of subjective wellbeing. A sample of 400 respondents achieved by applying the Taro Yamane formula to Makurdi's projected population. Questionnaires were randomly distributed to residents of nine wards in Makurdi. Findings from a pilot study( N=100) demonstrated that among the 2 aspects of overall quality of life investigated, 22% had a mean low overall assessment of quality of life now being 3 on the scale and an even poorer assessment for projected quality in the next five years by 17%(3) although an equal percentage are hopeful for a better life(10) in the next five years. 60% of the respondents record very rare positive feelings while only 10% have positive feelings always on the eudaimonic scale 69% strongly agree that they have a purposeful and meaningful life. Findings indicate good social ties as a strong indicator for perceived good feelings and even though quality of life is perceived as low there is optimism for the future.

**Keywords :** quality of life, subjective indicators, development, urban planning

**Conference Title :** ICHUPD 2016 : International Conference on Housing, Urban Planning and Development

**Conference Location :** Venice, Italy

**Conference Dates :** August 08-09, 2016