

Phenomenological Study on the Counseling Stress Experience of School Counselors

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Abstract : The purpose of this research is to analyze the meaning and essence of stress experiences school counselors experience while providing counseling. For this research, interviews were conducted with ten school counselors and analyze the interview findings by using phenomenological method of Colaizzi. As for the conclusion in this research, several of types of emotions and mindset of school counselors were examined, and the positive and negative effects of such emotions and mindset on counseling process were shown.

Keywords : counseling stress experience, meaning, school counselors, phenomenological study

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