

Ten Minutes Neighbourhood as a Basic Planning Unit for Happiness in Egypt

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Abstract : This paper pursues the relationship between the inhabitants' happiness and the right to the city in an Egyptian neighbourhood status quo. Although the optimum of getting the services comes from ten minutes walking in a suitable ambiance, the happiness is not acquired. The research objective is, first, to review the literature that get a guideline of 10 minutes neighbourhoods. Second make a comparative content analysis to recent online articles to the right to the city. Third is to test the concluded principles in Egyptian neighbourhood settings. The idea of ten minutes neighbourhood is manageable. The hypothesis concerns a compliant design. The logic of people who live close to within ten minutes' walk to essential settings in their area can minimize several problems and maximize a healthy lifestyle. The supposed issue makes the right to the city affect the relationship between ten minutes neighbourhood and citizen happiness. This assumption can be intervention through site observation and oriented questionnaire. The contribution comes from presenting new planning units in away suits the current context of the old cities in MENA region based on ten-minute walking or less distance with a reference to the right to the city. This planning unit can find its way to citizens' happiness.

Keywords : happiness, ten-minute neighbourhood, urban design, well-being

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