

Relationship of Religious Coping with Occupational Stress and the Quality of Working Life of Midwives in Maternity Hospitals in Zahedan

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Abstract : This study was done to investigate the role of religious coping components on occupational stress and the quality of working life of midwives. The method of study was descriptive-correlation. The sample was comprised of all midwives in maternity hospitals in Zahedan during 1393. Participants were selected through applying census method. The instruments of data collection were three questionnaires: the quality of working life, occupational stress, and religious opposition. For statistical analysis, Pearson correlation and step by step regression analysis methods were used. The results showed that there is a significant negative relationship between the component of religious activities ($r=-0/454$) and occupational stress, and regression analysis was also shown that the variable of religious activities has been explained 45% of occupational stress variable changes. The Pearson correlation test showed that there isn't any significant relationship between religious opposition components and the quality of life. Therefore, it is necessary to present essential trainings on (the field of) strengthening compatibility strategies and religious activities to reduce occupational stress.

Keywords : the quality of working life, occupational stress, religious, midwife

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