

## Safety Culture, Mindfulness and Safe Behaviours of Students Residing in the Halls of Residence of Obafemi Awolowo University, Ile Ife, Nigeria

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**Abstract :** The study assessed the safety culture, mindfulness and safe behaviors of students residing in the halls of residence of Obafemi Awolowo University (OAU), Ile Ife, Nigeria. The objectives of the study were to assess the level of safety mindfulness of students residing in the halls of residence of OAU, examine their safety culture and establish whether these students are involved in unsafe practices. The study employed a cross-sectional research design and instrument used for data collection was a self-structured, self-administered questionnaire. The questionnaire was tested for validity and reliability with its reliability coefficient at 0.71 before being used for data collection. Respondents were selected by multi-stage sampling technique and the sample size was 530. Data collection took 2 weeks and analysed using descriptive statistical techniques. Results showed that about half of the respondents' population (49.8%) was between the ages of 20-24 years. There were more males (56.2%) than females (43.8%). Although data demonstrated that majority (91.7%) of the respondents are highly safety minded and the safety culture of an equally high proportion (83.4%) was adjudged fair, a lot of improvement is needed in the area of alerting or informing management of impending dangers and studying the hall handbook to internalize its contents. The study further showed that only 43.6% of respondents had good safety practices and behaviors and majority (56.4%) had fair safety practices and behaviors. One accidental discovery of the study is the finding that not a few of the students squat their counterparts. The study recommended the establishment of clearly written out complaint procedure that is accessible and available to all hall residents, building more hostels with adequate facilities to address the issue of overcrowding and also putting systems in place in order to encourage residents to report incidences/accidents.

**Keywords :** safe behaviours, safety culture, safety mindfulness, student

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