

## Learn Better to Earn Better: Importance of CPD in Dentistry

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**Abstract :** Maintaining lifelong knowledge and skills is essential for safe clinical practice. Continuing Professional Development (CPD) is an established method that can facilitate lifelong learning. It focuses on maintaining or developing knowledge, skills and relationships to ensure competent practice. To date, relatively little has been done to comprehensively and systematically synthesize evidence to identify subjects of interest among practising dentists. Hence the aim of our study was to identify areas in clinical practice that would be favourable for continuing professional dental education amongst practicing dentists. Participants of this study consisted of the practicing dental surgeons of Mangalore, a city in Dakshina Kannada, Karnataka. 95% of our practitioners felt that regular updating as a one day program once in 3-6 months is required, to keep them abreast in clinical practice. 60% of subjects feel that CPD programs enrich their theoretical knowledge and helps in patient care. 27% of them felt that CPD programs should be related to general dentistry. Most of them felt that CPD programs should not be charged nominally between one to two thousand rupees. The acronym 'CPD' should be seen in a broader view in which professionals continuously enhance not only their knowledge and skills, but also their thinking, understanding and maturity; they grow not only as professionals, but also as persons; their development is not restricted to their work roles, but may also extend to new roles and responsibilities.

**Keywords :** continuing professional development, competent practice, dental education, practising dentist

**Conference Title :** ICDS 2015 : International Conference on Dental Sciences

**Conference Location :** Prague, Czechia

**Conference Dates :** July 09-10, 2015