

Brahmavihara as the Pillar for Human and Environmental Development: A Holistic Approach

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Abstract : The aim of life needs to consider the human's basic nature, which is moral or spiritual. The same nature is basically used for social wellbeing. It is considered that human life is not ridden with merely pain and suffering but for happiness. Buddhist Philosophy of life is based on moral or spiritual. Morality is the pillar of character and it leads to spirituality, which gives peace in our life. We are guided by ethical values to maintain ecological balance in nature. Integral ecology combines values together from multiple perspectives. The ethical notion of Brahmavihara is a virtuous practice for spiritual development of society. The Buddhist noble teaching is a good path for societal and ecological development. To live in harmony with nature, we should use the nature in proper way and wisely for society. Buddha states that everything is temporary in this world and interrelated to other things, and nothing is permanent. The whole universe is a combination of interconnected of everything on this earth is part of nature, and we are part of society. Thus, the human values which are described in Brahmavihara we need to cultivate for our sake as well as for ecological system. The practice of Buddhist concept of Brahmavihara gives us wisdom. And wisdom leads to pure happiness. The metaphysics of the Bhagavad Gita is similar to the metaphysics of the Upanishads. Both the Upanishads and the Bhagavad Gita expound the reality of both the Unmanifest and the Manifest. Unity and Diversity are both real from their respective perspectives. From this metaphysics, the ethics follows that both the categorical and contextual paradigms are considered to be moral from their respective perspectives.

Keywords : Brahmavihara, ecology, human values, integral

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