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Features of Communication of Modern Children: Difficulties and Solutions

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Abstract: \Modern children experience a huge impact on their psycho-emotional state due to globalization, comprehensive informatization and digitalization. This situation aggravates the problem of children's communication. In a constantly changing world, it is quite difficult for today's child to maintain emotional well-being, especially in the process of communicating with various participants in communication. Despite the many works of scientists considering various aspects of communication and emotional well-being, the problem remains open, discussed from various angles by philosophers, teachers, psychologists, and sociologists. The article examines the causes of emerging communication difficulties in the context of "child-adult," and "childparent" since it is in this logic that the experience of common emotional experiences is formed, which is the basis not only for living together but also for the full development of personality. In this case, it is important to pay special attention to the need to ensure the emotional well-being of the child, first of all, by parents who, due to their busy lives, notice less and less the changes occurring with their children. At the same time, children need constructive dialogue, but often adults do not have the patience to choose the right emotions without breaking into shouting and insults if the child displays behavior that differs from the desired one. The reason for communication difficulties, as shown by the results of the survey and long-term observations of the authors, maybe adults ignoring the characteristics of children. These features manifest themselves in children in different ways: for example, inadequate self-esteem is associated with either excessive timidity or aggressiveness. Such children, as a rule, fearing ridicule not only from their peers but even from adults, live with distrust of the world; they lack initiative, often being rude or, on the contrary, mocking others. In addition, modern children are different, not the same as their peers were twenty to twenty-five years ago. Today, the concept of "digital children" and "clip-based" children has become firmly established in the description of children. This circumstance cannot be ignored when building their communication. The authors note that only if the capabilities and originality of modern children are taken into account is it possible to ensure their emotional well-being in the process of communication.

Keywords: emotional well-being, communication, emotional comfort, emotions, communication difficulties, constructive communication, dialogue

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