

Gendered Vulnerabilities in the Face of Climate Change: A Socioeconomic Study of Rural Women in Barmer District, Rajasthan, India: A Research Paper in the Discipline of Sociology

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Abstract : This study delves into the profound socioeconomic challenges posed by climate change for rural women in Barmer District, Rajasthan. Drawing insights from field research involving 100 women, it paints a vivid picture of how the changing climate deepens existing gender disparities. Employing a mixed-methods approach, the research captures the lived experiences of women whose daily lives are inextricably tied to agriculture, water collection, and household responsibilities. As rising temperatures and erratic rainfall disrupt traditional livelihoods, women bear the brunt of dwindling resources, deteriorating health conditions, and intensified domestic burdens, often with little support or recognition. Beyond economic hardships, the findings reveal a ripple effect on sociocultural dynamics, where entrenched gender roles further limit women's ability to adapt to climate stressors. This paper underscores the urgent need for policies that not only acknowledge these unique vulnerabilities but actively involve women in crafting solutions. It advocates for gender-responsive, community-driven adaptation strategies that empower women to build resilience within their communities. By centering the voices of those most affected, this study highlights the critical intersection of climate action and gender equity, urging a shift from reactive measures to proactive, inclusive solutions tailored to the realities of rural women.

Keywords : climate change, gender inequality, rural women, socioeconomic impacts, resilience strategies, community adaptation

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