

## Social Adjustment of Adolescence Living with Step Parent Families in Pakistan

**Authors :** Akbar Ali

**Abstract :** This study played an important role in the investigation of social adjustment of adolescent living with step parent families in Pakistan. Families plays an crucial role in the training and adjustment of adolescents' personal, social and academic life. Adolescents living with parent families often experience different challenges which affects their social adjustment in the family and which further have impact on their academic and social life. One of central theme investigated in this study is parenting practice and other major theme is parental capital. The objectives of the study were to determine how different parenting styles being practiced in family affects adolescents' adjustment and what is the role of parental capital in adolescents adjustment. qualitative approach was adopted for this research. Adolescents who are studying at college and living with step parent families participated in this study. Data was collected through interviews. Collected data was analyzed through NVIVO. Through findings, it is stated that parenting style and parental capital determining factors affecting adolescents' adjustment and family experiences. The study suggest a comprehensive and practical approach for the adjustment of adolescents. Government should establish counselling and enabling facilities for adolescents' for the wellbeing and better social adjustment.

**Keywords :** adolescents, academic life, parental capital, parental practices, social adjustment

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