

Autism Spectrum Disorder Interventions, Problems and Solutions

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Abstract : This survey report aims to find the interventions and their effectiveness that are being used globally as well as in Pakistan to treat autistic kids. 'Autism spectrum disorder (ASD) is a state associated with brain development that shows 'how a person perceives and socializes with others, causing problems in social interaction and communication'. Besides these problems, these children suffer from restricted and repetitive behaviors too. The term 'Spectrum' in Autism Spectrum Disorder refers to the wide range of symptoms and severity. The main cause of this Autism Spectrum Disorder is not known yet, but the research showed that genetics and environmental factors play important roles. In this survey report, after a literature review, some of the possible solutions are suggested based on the most common problems that these children are currently facing in their daily lives. Based on this report, we are able to overcome the lack of the resources (e.g. language, cost, training etc.) that mostly exist in Pakistani culture.

Keywords : autism, interventions, spectrum, disorder

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