

## Exploring Chinese Nurses' Views on Alternative Medicine

**Authors :** Hui Chen, Huping Gong, Yalin Mao

**Abstract :** This paper mainly focuses on the Chinese registered nurses as the research object, and studies the role of Chinese registered nurses in the cognition and application experience of alternative medicine. In this study, nurses were interviewed, focusing on their views and exchanging experiences on the use of alternative medicine in their work. The researchers will use Colaizzi to analyze the collected data. Four main themes emerged from the interviews, namely: 1) the current state of alternative medicine in China, 2) Challenges faced by nurses, 3) How nurses overcome various difficulties, 4) Development of alternative medicine in China. Through the exchange of knowledge and practical experience of alternative medicine, registered nurses in China are not only participants in the application of alternative medicine but also play an active role in promoting its development.

**Keywords :** traditional Chinese medicine, alternative medicine, nurse, qualitative research

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