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Transforming Urban Living: How Co-Living Solutions Address Social Isolation, Foster Community, and Offer Innovative Approaches to Housing Challenges in Modern Cities

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Abstract: This article examines the evolving concept of urban living through the lens of co-living spaces, focusing on Liverpool. It explores how co-living can address challenges such as rising urban isolation, housing affordability, and social autism, particularly among younger generations. The research aims to understand how these spaces can mitigate social isolation and maximize urban space use. Using a case study approach, the study examines models like Superloft, co-office spaces, and platforms like Airbnb. Findings reveal that Liverpool's co-living initiatives have gained popularity, offering flexibility and community engagement. This concept has the potential for expansion, not only for the younger generation but also for elderly communities, fostering intergenerational living. The dissertation concludes that co-living offers a sustainable alternative to traditional housing models, aligning with digital-age lifestyles that prioritize flexibility and community. It presents a promising framework for shaping the future of urban development.

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