

## Escaping the Trauma: A Psychological Study of Jonathan Safran Foer's Extremely Loud & Incredibly Close

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**Abstract :** Trauma rehabilitation requires both repairing physical injury and reconstructing broken narrative systems. The trauma's aftereffects entwine the broken patterns, allowing a cohesive narrative to emerge. In this article, the book *Extremely Loud and Incredibly Close* by Jonathan Safran Foer is discussed from a psychoanalytic perspective. The paper discusses the 9/11 attacks and their effects on those who suffered and lost family members during the catastrophe. The primary character of the novel, Oskar, along with his grandfather and grandmother, each have unique trauma escape stories that will be examined in light of Cathy Caruth and Geoffery H. Hartman's study. The text's numerous horrifying repetitions function as a narration strategy that not only captures the awareness of trauma but also gives the reader the psychological feature to overcome its deadening effects. This article explores the role that communication may have in assisting individuals in overcoming trauma. In addition to more research on traumatic memories, Dominick LaCapra's trauma theory's notions of "working through" and "acting out" highlight the need of communication in overcoming trauma and attempting to live outside of it.

**Keywords :** trauma theory, Cathy Caruth, memories, escapes, communication

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