

## Autism & Mental Health - How Different Individuals Are Impacted

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**Abstract :** Statement of the Problem: Women who suffer mental health issues, because of Autism Spectrum Disorder has a significant impact on their lives, especially if they've been bullied or discriminated against for the majority of their lives. Autism can impact one's mental health in many ways (child like behaviour), social anxieties or overload. The impact of mental health can also be experienced when the person does not have a good quality of life for themselves (eg employment, independent living skills), or have support from family/friends/society). Mental health issues were also suffered during COVID 19 Lockdown here in Melbourne Australia. It was stated by the Government at the time that people weren't allowed to travel more than 5 km outside of their residential areas to prevent the spread of COVID to others. Medical appointments were an exception. Kerryn/KTalk will be doing a paper on this topic for the conference if accepted by the committee.

**Keywords :** Autism, mental health, living & learning, KTalk

**Conference Title :** ICA 2025 : International Conference on Autism

**Conference Location :** Dubai, United Arab Emirates

**Conference Dates :** February 10-11, 2025