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## No-Fee Shot for Life: Immune Defense from Covid-19, Acute Debilitation and Untimely Death through Vaccinations for Ages 60 and Above, Protection of the Elderly and Seniors

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**Abstract :** Covid-19 shook the whole world. Every person on all sides of the world was affected by the pandemic. All the nations and world leaders were searching for a variety of cures and solutions to stop the spread of the virus. In connection with this, this investigative case study aims to show a relationship between COVID-19 vaccinations to the immune system of the seniors and elderly. The seniors and elderly are one of the most vulnerable populations that show high morbidity and mortality in any illnesses and diseases. This study will show lived experiences of the senior's immune system and health status, how it is being affected by the COVID-19 virus and its vaccines, Risk for COVID-19 Infection, Hospitalization, and Death by Age Group. Participants of this study are from 3 Cebu City Barangays and 2 from Barangays of the Cities of the Cebu Province. To conclude, this study shall serve its purpose of providing clear and concise results in strengthening the evidence of the effects of the COVID-19 virus infection, especially the free vaccinations, on the health and overall well-being of the elderly and seniors.

**Keywords :** gerontology nursing, vaccination, protection and immunity, seniors and the elderly **Conference Title :** ICBAHS 2025 : International Conference on Biomedical and Health Sciences

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