

Management of Common Post-Covid Syndromes by Traditional Chinese Medicine and Plant Agricultural Strategy

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Abstract : The pandemic Coronavirus Disease 2019 (COVID-19) has brought much attention to the development of vaccines and treatment guidelines for Western medicine worldwide due to the rapid transmission rate and mortality. Despite the management of patients with post-coronavirus Disease (COVID) syndromes by Traditional Chinese medicine (TCM) has been adopted and discussed, little consolidating review has been provided in concluding such management of common post-COVID syndromes for COVID-19 patients in Hong Kong. Despite the effectiveness of disease management being controversial, the perception in the management of common post-COVID syndromes for COVID-19 patients by TCM should have implications for the plant agricultural strategy, especially for Chinese medicinal herbs. Such a knowledge gap is addressed in this study. Quantitative research was performed to study the perception in the management of common post-COVID syndromes by TCM for COVID-19 patients in Hong Kong. Its implication to plant agricultural policy was identified and discussed. Results concluded the positive perception in the management of common post-COVID syndromes by TCM for COVID-19 patients in Hong Kong. Plant agricultural strategies for Chinese medicinal herbs such as Ginger, Garlic, Peppermint, Cinnamon, Turmeric, Asafoetida, Ginseng, Basil and Qinggongshoutao, etc are suggested.

Keywords : traditional Chinese medicine, coronavirus disease 2019, post-coronavirus disease syndromes, plant agricultural strategy

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