

A Balancing Act: Locating Work Satisfaction in the University Experience

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Abstract : Research suggests students evaluate their work as satisfactory in relation first to workplace conditions and secondly to the demands that time spent working contributes to or detracts from their academic performance and student life on campus. While students' evaluations of working conditions have been studied in some detail, the analysis of time management as essential to work satisfaction is less well understood. In this paper, we explore the contingent relationship between work satisfaction and students' attempts to balance their employment with other essential aspects of the university experience.

Keywords : wellbeing, university experience, mental health, student employment, time management

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