

## Bioactive Compounds Characterization of Cereal-based Porridge Enriched with Cirina Forda

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**Abstract :** This study investigated the bioactivity potentials of porridge from yellow maize and malted sorghum enriched with Cirinaforda. All the samples were analyzed using standard methods. Results showed that the highest value 217.03 $\mu$ molTEAC/100g, 43.3 mmol Fe<sup>2+</sup> /100g, and 35.56% for DPPH, FRAP and TBARS respectively were reported in sample 50FYM+20MS+30CF, while the lowest value 146.10 $\mu$ molTEAC/100, 20.18 $\pm$ 0.11 mmol Fe<sup>2+</sup>/100g and 13.25% for DPPH, FRAP and TBARS were reported in the control sample. The oxalate and tannin contents were lowest in sample 50FYM+20MS+30CF but Oxalate was highest in the control sample while tannin was highest in sample 60FYM+20MS+20CF. The phytate content was highest in the 60FYM+20MS+20CF mixture (2.32 mg/100g) and lowest in the control (100% FYM) porridge (2.20 mg/100g). The result also showed that the total phenolic content was highest in the 60FYM+20MS+20CF mixture (318.28 mg GAE/100g) and lowest in the 50FYM+30MS+20CF mixture (264.18mg GAE/100g). The total flavonoid content had the 50FYM+20MS+30CF mixture having the highest content (189.31mg RE/100g) and the 60FYM+20MS+20CF mixture having the lowest (90.10mg RE/100g). The enrichment of the porridge with C. fordaincreased the concentration of various bioactive compounds compared to the control sample. The identified compounds cinnamic acid, methyl ester, 10-Methyl-E-11-tridecen-1-ol propionate, methaqualone, 3-(2-Hydroxy-6-methylphenyl)-4(3H)-quinazolinone, and oleic acid

**Keywords :** bioactive compounds, characterization, cereal-based porridge, Cirina ford

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