

Exploring Dimensions of Consciousness: Insights from Dreams, Sleep, and Spiritual Perspectives

Authors : Deniz Erten

Abstract : This paper delves into the multifaceted nature of human consciousness, examining its structure through the lens of three distinct selves. These selves represent varying thresholds of consciousness, characterized by seven soul levels and seven nafs levels. The attainment of gamma brain wave states signifies the emergence of the Perfect Human Being, whose consciousness transcends the boundaries of individuality to encompass the entirety of existence. Central to this exploration is the notion that consciousness pervades all aspects of reality, underscoring the significance of a comprehensive understanding of the concept of God. Contrary to conventional beliefs, God is not to be construed as a person but rather as an all-encompassing consciousness that manifests within every sentient being. The post-mortem journey through black holes and wormholes, culminating in an encounter with one's creations in the quantum field, provides compelling evidence for the mental nature of the universe. Drawing distinctions between mind and consciousness, as well as self and spirit, elucidates the intricate dynamics underlying human existence. The fusion of body and spirit gives rise to the self, or avatar, which undergoes trials to ascend towards divine consciousness within the Creator's simulated reality. The concept of observation, rooted in the Arabic term "Shahada," underscores the importance of introspection in the quest for enlightenment. The convergence of disciplines such as quantum physics, neuroscience, and religious scriptures like the Quran highlights humanity's collective state of unawareness, with dreams serving as windows into different levels of consciousness. This study further explores the nuanced relationship between consciousness and self, examining the hierarchical progression of the avatar's journey towards spiritual realization.

Keywords : avatar, black holes, cosmic interconnectedness, consciousness, divine matrix, divine simulation, existential exploration, God consciousness, interdisciplinary perspective, levels of consciousness, quantum field, Quran, spiritual realization, Sufism, universal consciousness

Conference Title : ICCCHE 2024 : International Conference on Cognition, Consciousness and Human Evolution

Conference Location : London, United Kingdom

Conference Dates : August 22-23, 2024