

Investigating the Role of Positive Adolescent Development on Hope for the Future in Adolescents Aged 14 to 18 with Anxiety in the City of Ahvaz in the Country of Iran in 2023

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Abstract : The present study was conducted with the aim of investigating the role of positive adolescent development on hope for the future in adolescents aged 14 to 18 with anxiety in the city of Ahvaz in the country of Iran in 2023. This research was descriptive and correlational. The statistical population of the present research was the adolescents aged 14 to 18 with anxiety of Ahvaz city in Iran in 2023. 150 people were selected by Purposeful sampling method and answered questionnaires of positive adolescent development and hope. The data were analyzed by Pearson correlation and multiple regression. The results showed that there is a significant relationship between the positive development of adolescence and hope for the future in anxious adolescents aged 14 to 18 in the city of Ahvaz in Iran in 2023 ($p < 0.05$). Therefore, it is suggested to use the program of positive transformation of adolescents as hope in adolescents.

Keywords : positive adolescent development, hope, adolescents, anxiety

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